

USTC 2008 Upper Atlantic Girls Lacrosse Tournament (July 12 and 13 - Downingtown, PA)

INFO: <http://www.go2ustc.com/lax/tournamentsUpperAtlanticGirls.shtml>

United Sports Training Center

Address: 1426 Marshallton-Thorndale Road, Downingtown, PA 19335

Phone Number: 610-466-7100

Schedule:

We will be checking our team in for the tournament by 4pm on Friday night (over the phone). They will be giving us any last minute schedule changes at that time. **Plan on meeting the coaching staff at 10:30pm on Friday night in the hotel lobby (Hampton Inn Great Valley) so that we can relay any last minute details to everyone.** (If you cannot get there by then, make sure you call one of us to check in and get any updates! –). We have to arrange car-pooling for Saturday morning because each team is to travel with no more than 10 cars because of limited parking.

QCS RED ITINERARY

SATURDAY

11:00 am Arrive at USTC, find team tent
11:15 am Report to Team Tent (look for QCS Banner)
12:00 pm Game vs. Lenepe Premier Teal (Field #7)
2:00 pm Game vs. Phantastix White (Field #1)
4:00 pm Game vs. Supernova Select Blue (Field #2)

SUNDAY TBA – Based on winnings from Saturday

QCS WHITE ITINERARY

SATURDAY

8:00 am Arrive at USTC
8:15 am Report to Field #2
9:00 am Game vs. Cyclones (Field #2)
11:00 am Game vs. SP Lax 2011 (Field #3)
2:00 pm Game vs. Heros 2011 (Field #9)

SUNDAY TBA – Based on winnings from Saturday

What to bring:

- * Uniform
- * Pinnie (MUST HAVE)
- * Stick, mouth guard, and eye guards
- * Cleats and turf shoes (WE PLAY ON BOTH SURFACES)
- * Water bottle, snacks, spending cash for vendors
- * Sunscreen

Game Format:

Teams will be scheduled for a minimum of 4 games (2 - 25 min halves)

Full field (12 vs. 12)

US Lacrosse Women's Rules apply

Awards will be given to 1st and 2nd place within each division. (maximum 25 awards)

***In the event of bad weather, games may be moved indoors. (All teams are reminded to bring indoor footwear).**

USTC HOTLINE # = 610-466-9744

Hotel:

Hampton Inn Great Valley

635 Lancaster Pike, Frazer PA 19355

(610) 699-1300

Contacts:

Amanda Hughes 919-475-4648

Kristy Fairhurst 315-730-0537

Dee Bier 516-729-4294

Call us when you get to town! If we do not answer leave me a message with your hotel name and room number. Thanks!